I'M JUST A PASSWORD

Use Complex Passwords

Aim for a password that's at least 12 characters long. Combine uppercase and lowercase letters, numbers, and special characters. The more complex, the harder it is for hackers to crack.

Avoid Reusing Passwords

Don't use the same password for multiple accounts. If one account is compromised, all others with the same password become vulnerable.

Enable MFA

MFA, or multi-factor authentication, adds an extra layer of security by requiring something you know (your password) and something you have (like a code sent to your phone or generated by an app) to log in.

Use a Password Manager

Storing passwords in a password manager makes it easier to use complex and unique passwords for each account without the need to remember them all.

Be Cautious

Avoid logging into sensitive accounts when connected to public Wi-Fi networks, as these can be insecure. If necessary, use a VPN to add encryption and privacy.

Resources:

- cisa.gov/secure-our-world/use-strong-passwords
- cisa.gov/secure-our-world/require-strong-passwords
- cyberhouserock.info