



CYBER GOALIE'S LAST STAND



Be Alert

Just like a goalie, always stay aware. Be skeptical of unknown links, pop-ups, or messages—many threats hide in plain sight, hoping you'll let your guard down.



Strong Passwords

Create complex passwords and update your software regularly. These are your protective gear—keeping your digital goal harder to breach.



Block Phishing Attempts

Cyber attackers use deceptive tactics like fake emails or websites. If something feels off, pause before you click or reply. Learn to spot red flags in messages.



Security Tools

Use tools like firewalls, antivirus programs, and encryption. These technologies work like a defense team—each tool covering a different angle of attack.



Responsibility

Every decision—clicking a link, downloading a file, logging in—can impact your safety. Take each one seriously. Your actions define your defense.

Resources:

- cisa.gov/shields-up
- cyberhouserock.info
- cisa.gov/topics/cybersecurity-best-practices

